

*Sponsored jointly by
The Interdenominational
South Suburban Grief Support Coalition*

All Saints, Catholic, Lakeville
Augustana Lutheran, West St. Paul
Church of St. John the Baptist, Catholic, Savage
Church of St. Joseph, Catholic, Rosemount
Church of St. Michael, Catholic, Prior Lake
Church of St. Peter, Catholic, Mendota
Church of St. Thomas Becket, Catholic, Eagan
Easter Lutheran Church, Eagan
Mary, Mother of the Church, Catholic, Burnsville
Prince of Peace Lutheran Church, Burnsville
Shepherd of the Valley Lutheran, Apple Valley

Location:

**All Saints Catholic Church
19795 Holyoke Avenue
Lakeville, MN 55044
952-985-9983**

Park on the north side of the building – the upper lot.
Use the building entrance with the canopy.

Artwork– Annie Wahl

Growing Through Loss



*South Suburban
Spring 2012*

Growing Through Loss provides:

- ✦ Support for adults who have experienced a loss
- ✦ Information about the grieving process
- ✦ Caring and support from others who are also grieving
- ✦ Sharing of memories and feelings in a confidential setting

Support for the following losses:

- ✦ Loss of Spouse
- ✦ Loss of Child
- ✦ Loss of Parent
- ✦ Loss of Other Loved Ones
- ✦ Loss through Suicide
- ✦ Life Transitions; i.e., Job Loss, Loss of Health; Broken Relationships; Mid-Life Changes
- ✦ Multiple Losses
- ✦ One-on-One Support

Following the speaker, a trained facilitator will be at each table to lead the discussion and offer help and support through conversation among the participants. One-on-one listeners will also be available each week.

For Further Information —
Call: 952-890-0045
E-mail: gtl@mmtc.org

March 1

“Weaving in the Threads of Loss”

Patricia Richardson
MSW, LICSW, LMFT
Clinical Social Worker and
Family Therapist in Northfield, MN

March 8

“Finding God in the Midst of Grief”

Father Paul Jarvis, Pastor
St. Joseph Catholic Church
Rosemount, MN

March 15

“Loss, Grief & Forgiveness”

Martha Alken, O.P., D. Min.
Speaker and Retreat Leader

March 22

“Growing Through Memory Loss”

Tom & Julie Allen
Share their story of
living with Alzheimers

*Each session is complete in itself.
You're welcome to attend one or all.*



Time:

Thursdays, 6:30-9:00 p.m.
March 1 through March 22, 2012

Registration	6:30-6:55
Speaker	6:55-7:50
Support Groups	8:00-9:00

Place:

All Saints Catholic Church
19795 Holyoke Avenue
Lakeville, MN 55044
952-985-9983

Suggested Donation: \$3.00/session
*(All proceeds support the
Growing Through Loss ministry.)*

Our next series will be in
the Fall of 2012 at
Easter Lutheran, Eagan
Dates to be announced.